

Thought of the Day

Inspire, challenge and motivate!

The thought, an inspiring quotation that sets the tone for the day's meeting, is a welcome option in many clubs. It is usually delivered by a designated club member at the beginning or the end of the meeting, and is sometimes used as a replacement for or in combination with an invocation or pledge of allegiance.

If you are new to Toastmasters and are nervous about the thought of speaking in front of people, you can use this small but valuable role to build your confidence.

Before the Meeting

Find a meaningful quotation, preferably one that relates to the day's theme, and prepare a brief introduction to the quote. Treat it as you would any other speech – craft it carefully and practice delivering it before the meeting.

During the Meeting

If you agree to deliver the thought for a club meeting, arrive a little bit early to let the presiding officer know that the role will be covered for the meeting.

When called on by the Toastmaster, stand up and deliver your thought of the day to the group.